

Helpful Hints

- If you have sensitive skin, rub an ice cube over the area first to numb it a bit.
- Always apply wax strip in direction of hair growth. Remove in opposite direction.
- To calm skin after waxing, immediately apply pressure to epilated area with cushion of your fingers or palm of your hand.
- Strips may be cut lengthwise to fit smaller areas.
- Avoid waxing just before or during the first days of your menstrual cycle as skin is more sensitive at this time.
- Protect countertop surfaces with a towel.

WARNING

- Never re-apply wax to newly epilated areas.
- Do not use on irritated, cut or broken skin.
- Do not use inside nose and ears, or on nipples, eyelashes, warts, moles and internal genital area.
- Do not use if you have varicose veins, diabetes, phlebitis, chapped sore or sunburned skin, recent scar tissue, eczema or any skin disorder.
- Do not use if you are using Retin-A, Accutane, Glycolic Acid, and Alpha Hydroxy treatments.
- Do not use soaps, astringents or alcohol based products for 2 hours after application.
- Avoid the sun, tanning and hot water for 8 hours before and after any hair removal treatment.
- Do not wax more than once every 10 days.
- Do not rub or scratch area after waxing to avoid irritation.

WARNING: FLAMMABLE

KEEP AWAY FROM HEAT AND FLAME

KEEP OUT OF REACH OF CHILDREN

FOR EXTERNAL USE ONLY



surgicare®

soothing hair removal

face
& body
wax strip kit

Easy 3-Step System

1. Cleanse
2. Remove
3. Soothe

Infused with
Lavender, Aloe
& Arnica

For more helpful application instructions and video,
please visit our website at:

www.surgicare123.com

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FOR BEST RESULTS: Please read this entire booklet carefully before beginning your treatment.

instruction booklet

SurgiCare® Face & Body Wax Strips

Important: New Users, Please Test First

Before using SurgiCare Face & Body Wax Strips, please perform a small patch test at least 24 hours before actual use to check for sensitivity. It is also best to treat a small area first until you have perfected the technique.

After performing your test, apply SurgiSoothe™ Replenish Lotion. If redness or irritation develops within 24 hours, discontinue use. You may be sensitive to one or both products and should not use them. If no irritation appears, you may proceed with use.

INSTRUCTIONS

1. CLEANSE

Use the specially formulated Cleanse & Prep Gel to clean skin. Pat skin dry.

Upper Lip

2. REMOVE

Select the wax strip size you need. Warm strip between hands for a few moments and pull apart.

Smooth onto upper lip in a downward motion from center lip to one corner of mouth. Refer to illustrations below.

Hold skin taut with one hand. With the other hand, pull strip off parallel to the skin with one quick motion in the opposite direction of hair growth. Do not pull strip straight up.

Repeat process on the other side of upper lip.

Repeat process on center area of the upper lip.



3. SOOTHE

Apply calming SurgiSoothe Replenish Lotion to newly waxed areas. It will restore skin's normal pH balance and help retain skin's natural moisture.

Eyebrows

(Step #1 Cleanse and Step #3 Soothe are same as above.)

2. REMOVE

Select the wax strip size you need. Warm strip between hands for a few moments and pull apart.

Apply and smooth strip along natural brow line, moving toward the outer corner of the eye. Rub strip firmly in the direction of hair growth.

Hold skin taut with one hand. With the other hand, pull strip off parallel to the skin with one quick motion in the opposite direction of hair growth. Do not pull strip straight up.

Repeat process for other eyebrow.



Note: Use a similar procedure for removing unwanted hair above and between the eyebrows.

Face

(Step #1 Cleanse and Step #3 Soothe are same as above.)

2. REMOVE

Select the wax strip size you need. Warm strip between hands for a few moments and pull apart.

Apply and smooth strip along natural hair growth line. Rub strip firmly in the direction of hair growth.

Hold skin taut with one hand. With the other hand, pull strip off parallel to the skin with one quick motion in the opposite direction of hair growth. Do not pull strip straight up.

Legs

(Step #1 Cleanse and Step #3 Soothe are same as above.)

2. REMOVE

Select the wax strip size you need. Warm strip between hands for a few moments and pull apart.

Apply wax strip to leg. Rub strip firmly in the direction of hair growth.

Hold skin taut with one hand. With the other hand, pull strip off parallel to the skin with one quick motion in the opposite direction of hair growth. Do not pull strip straight up.



Bikini Line

(Step #1 Cleanse and Step #3 Soothe are same as above.)

2. REMOVE

Sit on the floor with one leg straight out and draw the other heel up to about your knee and let your leg fall to the side. This should be a comfortable position. The point is to be able to access the inside of your thigh.

Select the wax strip size you need. Warm strip between hands for a few moments and pull apart.

Hair should be ¼ inch long. Bend the leg outward. Apply strip to the inside of the thigh as illustrated. Rub strip firmly in the direction of hair growth.

Hold skin taut with one hand. With the other hand, pull strip off parallel to the skin with one quick motion in the opposite direction of hair growth. Do not pull strip straight up.

Use a pair of tweezers to remove any stray hairs.



Arms

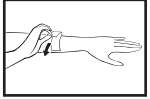
(Step #1 Cleanse and Step #3 Soothe are same as above.)

2. REMOVE

Select the wax strip size you need. Warm strip between hands for a few moments and pull apart.

Arm hair usually grows laterally. Place wax strip in the same direction of hair growth. Rub strip firmly.

Pull strip off parallel to the skin with one quick motion in the opposite direction of hair growth. Do not pull strip straight up.



Underarms

(Step #1 Cleanse and Step #3 Soothe are same as above.)

2. REMOVE

Select the wax strip size you need. Warm strip between hands for a few moments and pull apart.

Place hand behind your head, stretch skin and apply as illustrated. Hair should be 1/4 inch long.

Hold skin taut with one hand. With the other hand, pull strip off parallel to the skin with one quick motion in the opposite direction of hair growth. Do not pull strip straight up. Underarm hair growth can vary in direction other than the direction illustrated. Check your growth pattern before attempting hair removal. It may be necessary to remove a few hairs with tweezers afterwards.



Tummy

(Step #1 Cleanse and Step #3 Soothe are same as above.)

2. REMOVE

Select the wax strip size you need. Warm strip between hands for a few moments and pull apart.

Apply wax strip as shown, in the direction of hair growth

Hold skin taut with one hand. With the other hand, pull strip off parallel to the skin with one quick motion in the opposite direction of hair growth. Do not pull strip straight up.

